## **AMENDMENTS**

## In the Claims

Please substitute the claims identified below with the following replacement claims, respectively:

1. A method for inhibiting, preventing, and reversing lipid peroxidation, said method comprising consuming on an empty stomach each day more than one fluid ounce of a processed *Morinda citrifolia* fruit juice beverage, the *Morinda citrifolia* being present in an amount between about 10 and 100 percent by weight.

Claims 2 and 3 were cancelled.

4. The method as recited in claim 1, wherein said processed *Morinda citrifolia* is produced according to processing steps of:

harvesting the fruit from a Morinda citrifolia plant;

preparing said harvested fruit for processing;

processing said prepared fruit to obtain said processed *Morinda citrifolia*; and packaging said processed *Morinda citrifolia*.

- 5. The method as recited in claim 4; wherein said fruit is harvested when it is at least one inch long and up to twelve inches in diameter.
- 6. A method as recited in claim 4, wherein said step for preparing said harvested fruit includes at least one of the steps of:

	(ii)	allowing said harvested fruit to ripen;
	(iii)	eliminating spoiled fruit from said harvested fruit; and
	(iv)	placing said harvested fruit in one or more plastic lined containers.
7.	Then	nethod as recited in claim 4, wherein the step for processing said prepared fruit includes
	the st	eps for:
	separ	ating the juice of said harvested fruit from at least one of:
	(i)	seeds of said harvested fruit;
	(ii)	peel of said harvested fruit; and
	(iii)	pulp of said harvested fruit;
	mixing said juice of said harvested fruit with at least one of:	
	(i)	a flavoring;
	(ii)	a sweetener;
	(iii)	a nutritional ingredient;
	(iv)	a botanical extract; and
	(v)	a coloring; and
	heating said processed <i>Morinda citrifolia</i> to a temperature of at least 181°F.	
8.	A met	thod as recited in claim 4, wherein the step for packaging said processed Morinda
	citrifolia includes the step for packaging said processed Morinda citrifolia into a container	
	that comprises at least one of:	
	(i)	glass; and

cleaning said harvested fruit;

(i)

- (ii) plastic.
- 9. A method for scavenging lipid hydroperoxides and superoxide anion free radicals within a human body, said method comprising the steps of:

consuming processed *Morinda citrifolia* fruit juice present in an amount between about 10 and 100 percent by weight of a dietary supplement.

- 10. The method as recited in claim 9, wherein said step of consuming said processed *Morinda* citrifolia includes one of:
  - (i) consuming one fluid ounce of said processed Morinda citrifolia per day;
  - (ii) consuming more than one fluid ounce of said processed *Morinda citrifolia* per day; and
  - (iii) consuming less than one fluid ounce of said processed *Morinda citrifolia* per day.
- 11. The method as recited in claim 10, further including consuming said processed *Morinda* citrifolia on an empty stomach.
- 12. The method as recited in claim 9, wherein said processed *Morinda citrifolia* includes reconstituted *Morinda citrifolia* puree fruit juice.

Please add the following claims:

- 13. The method of claim 1, further comprising the step of:

  consuming an additional supplement together with said processed *Morinda citrifolia*.
- 14. The method of claim 1, wherein said processed *Morinda citrifolia* further comprises an additional supplement that works in conjunction with said dietary supplement to inhibit, prevent, and reverse lipid peroxidation.
- 15. The method of claim 1, wherein said processed *Morinda citrifolia* produces dose-dependent effects.
- 16. A method for inhibiting, preventing, and reversing cell membrane disruption, said method comprising the step of:
  - consuming processed *Morinda citrifolia* fruit juice present in an amount between about 10 and 100 percent by weight of a dietary supplement.
- 17. A method for inhibiting, preventing, and reversing protein oxidation, said method comprising the step of:

consuming processed *Morinda citrifolia* fruit juice present in an amount between about 10 and 100 percent by weight of a dietary supplement.